

# Standing together against bullying. Key messages from young people at The Mead Academy Trust.



Stay safe online.  
Never share personal  
details and always  
report cyber bullies.

The Mead Academy  
Trust has a zero  
tolerance to bullying.

Speak to people  
with respect and  
listen to other  
people's opinions.

If you are worried  
then speak to a  
teacher.

Don't be afraid to  
speak out.

Be a good role model  
and stand up to  
bullying.